



1U, the Sexuality and Jewish Values Crash Course

1U is the only sexuality program that integrates medically accurate information and Jewish values for Houston Jewish teens. At a **one night retreat** to be held at **Houston Hillel**, teens learn about: how and why they feel the physical and emotional urges in these turbulent years; being a responsible person, **making good decisions BEFORE a situation happens**; becoming familiar with Sexually Transmitted Infections; how and why to use contraception; and why all of **this is Jewish!**

Ninth and tenth grade Retreat: Friday, March 5 to Saturday, March 6

Tenth and eleventh grade Retreat: Friday, April 16 to Saturday April 17

Staffed by Dr. Margaret Jelinek Lewis, a parent and human development psychologist; Rabbi Amy Weiss, Tamara Marks-Moses and male counterparts, these 25 hours promise to transform your teen and change the way they communicate with you about this sensitive topic.

\$100.00 per teen

Registration forms available at <http://www.ijwtexas.org>

Informational meetings for PARENTS:

Tuesday, January 26 8:30 am
Norri and Jason Leder's house
4907 Pine

Tuesday, February 16, 7 pm
Micki and Ben Bronston's house
4602 Valerie

Questions?

Dr. Margaret Jelinek Lewis
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Rabbi Amy Weiss
rabiweiss@ijwtexas.org

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